

# ST GEORGE'S CRESCENT SURGERY



**40 St George's Crescent  
Wrexham  
LL13 8DB**

**Telephone No. 01978 290708**

**[www.stgeorgescrescentsurgery.co.uk](http://www.stgeorgescrescentsurgery.co.uk)**

**Fax 01978 290836**

**Partners:**

**Dr Phillip Alstead (Senior Partner)**

MB, ChB, Liverpool 1984, MRCP, FP Cert

**Dr Tracey E J Williams**

MB, ChB, Manchester 1986, DRCOG, FP Cert

**Salaried GP:**

**Dr Pamela Linney**

MB BS London 1991 MRCP 1997 Sessional GP

**Nurses:**

Advanced Nurse Practitioner Elizabeth Neale RCN

Sister Nia Hughes RCN

Sister Hannah Williams RCN

**Health Care Assistant**

Suzanne Hulmes

**Practice Manager**

Mr David Collins

## **Introduction**

**The Practice offers a variety of in-house services with improved disabled access and a lift to the first floor areas. For those with hearing difficulties we have a portable hearing loop system available.**

**We have 2 full-time Partner GP's (not a Limited Partnership), 1 part-time GP, Locum GP's, Advanced Nurse Practitioner, 2 Practice nurses and a Healthcare Assistant**

**We are situated in the town centre. The Practice is on a bus route and within walking distance for many of our patients.**

**A map showing the Practice boundary is on page 4.**

## **Our Service To You**

**We are a friendly team of professionals whose aim is to look after you and the health needs of your family. All staff are trained to put your needs first, so if you are worried or unsure then do please ask and we will be pleased to help.**

**We currently offer what we hope is a user friendly service that people find easy to access. The principles we adopt reflect themselves in the caring, courtesy and quality of the service that we offer.**

**As part of our plans to improve our service to you we have produced this booklet and a website which tells you about the Practice and how to access the service we provide. We try to keep them up-to-date but there will always be some changes, which will find their way into later editions. The booklet is available in large print. A welsh translated version is available on request. An audio version in English is also available on request.**

### **Zero Tolerance Policy**

**The Practice operates a zero tolerance policy whereby any patients who are violent or verbally abusive to any member of the Practice Team or other persons present on the practice premises, will be removed from the list.**

# Practice Boundary



## Surgery Opening Hours

<b>MONDAY</b>	<b>8.30 am – 6.00 pm</b>
<b>TUESDAY</b>	<b>8.30 am – 6.00 pm</b>
<b>WEDNESDAY</b>	<b>8.30 am – 4.00 pm</b>
<b>THURSDAY</b>	<b>8.30 am – 6.00 pm</b>
<b>FRIDAY</b>	<b>8.30 am – 6.00 pm</b>
<b>SATURDAY</b>	<b>Closed</b>
<b>SUNDAY</b>	<b>Closed</b>

<b>Monday</b>	<b>GP's</b>	<b>8.40 a.m.-11.30 a.m.</b>	<b>3.15 p.m.-6.00 p.m.</b>
	<b>Nurses</b>	<b>9.00 a.m.-11.30 a.m.</b>	<b>2.15 p.m.-3.45 p.m.</b>
	<b>Social Prescriber</b>		<b>12.15p.m.-2.15p.m.</b>
<b>Tuesday</b>	<b>GP's</b>	<b>8.40 a.m.-11.30 a.m.</b>	<b>3.15 p.m.-6.00 p.m.</b>
	<b>Nurses</b>	<b>8.45 a.m.-11.45 a.m.</b>	<b>2.00 p.m.-5.15 p.m.</b>
	<b>PCMH</b>	<b>By appointment only</b>	
<b>Wednesday</b>	<b>GP's</b>	<b>8.40 a.m.-11.30 a.m.</b>	<b>2.00 p.m.-4.00 p.m.</b>
	<b>Nurses</b>	<b>9.30 a.m.-11.30 a.m.</b>	<b>2.00 p.m.-2.30 p.m.</b>
	<b>PCMH</b>	<b>By appointment only</b>	
<b>Thursday</b>	<b>GP's</b>	<b>8.40 a.m.-11.30 a.m.</b>	<b>2.00 p.m.-6.00 p.m.</b>
	<b>Nurses</b>	<b>8.45 a.m.-11.30 a.m.</b>	<b>2.00 p.m.-4.45 p.m.</b>
	<b>Physio</b>		<b>1.20 p.m.-3.30 p.m.</b>
	<b>Midwife</b>	<b>By appointment only</b>	
<b>Friday</b>	<b>GP's</b>	<b>8.40 a.m.-11.30 a.m.</b>	<b>2.00 p.m.-6.00 p.m.</b>
	<b>Nurses</b>	<b>8.45 a.m.-11.45 a.m.</b>	<b>2.15 p.m.-5.00 p.m.</b>

**All Surgery times are by appointment but urgent cases can be seen on the same day at the end of surgeries. We will always see emergencies on the day you request but you may have to wait to see a particular doctor for a routine appointment.**

## **Appointments**

**We run fully computerised appointment system. Please telephone 01978 290708.**

**The My Health Online system also allows appointments to be booked and also cancelled through the website. Please ask reception staff for more information.**

## **Routine Appointments**

**Generally booked at 10 minute intervals and are available up to 4 weeks in advance for a Doctor of your choice. If the Doctor of your choice is not available we are happy to arrange for you to see another Doctor sooner by asking our Reception staff.**

## **Emergency Appointments**

**Patients requesting same day appointments whose condition is not thought to be medically urgent may be offered a consultation with one of our Practice Nurses. A brief explanation of your problem may enable the receptionist to offer the most suitable appointment.**

**If you are unable to keep an appointment please advise reception as soon as possible so that the appointment can be offered to another patient. This can also be done by following the instructions on your SMS appointment reminder text. Please let us know if you do not receive this reminder 2 days before your appointment.**

## **Telephone Advice**

To book a telephone consultation with the doctor, we suggest you ring anytime from 8.30am to book the call, and the consultation will take place from 12.00 noon to 12.30pm either on the day or over the next few days. They are not intended for simple administrative tasks such as requesting prescriptions or booking appointments.

## **Home Visits**

Visits are for those too ill to go out or who are housebound. Please phone before 10.30 a.m. if possible.

## **Out of Hours**

When the surgery is closed there is always a doctor on-call for emergencies, either one of our doctors or a doctor from North Wales GP Out-of-Hours. When the Surgery is closed please ring the Betsi Cawaladr University Health Board commissioned OOH Service on 0300 123 55 66 or for advice ring NHS Direct on 0845 46 47 or visit <https://www.nhsdirect.wales.nhs.uk/>

## **Repeat Prescriptions**

You can call into the Surgery and drop off your request slip, post it to the Surgery or make arrangements with your local chemist. Telephone requests are no longer taken. Please allow 48 hours before collection of your

prescription or 72 hours if going to the Chemist for collection or home delivery.

### **Test Results**

Please ring for test results after 2p.m. as we receive results after this time. The normal time scale for availability of results is as follows:

**Blood tests: 5 working days**

**X-rays/ultrasound/ CT/MRI: 14 working days**

**Minor surgery specimens: 14 working days.**

**Urine samples: 3 days**

### **Specimens**

You should only bring blood, urine samples etc to the Reception in the correct container with your name and date of birth on. Containers are available from Reception. The last collection from the Surgery is 3.00 p.m. Alternatively you can deliver the sample directly to the Path Lab yourself.

### **General Administration**

In order to keep your medical records up-to-date we need to know if you change your name, address, telephone number or any other personal details that change.

Failure to notify any changes may result in your removal from our list due to undelivered mail being returned.



## **Complaints and Suggestions**

**The Practice operates a complaints procedure, if you have any complaints, comments or suggestions about any aspect of the Practice please contact our Practice Manager. Further details can also be found in our complaint leaflet which is available from Reception.**

## **Patients Rights and Responsibilities**

**Your medical records are held in the strictest confidence. Information is not passed on without your consent unless it is within the confines of the NHS, by legal framework, or is in the public interest. Certain anonymous patient data may be shared for the purpose of public health and audit, research, teaching and training. You have a right to see your health records, which will be kept confidential, subject to any limitations in the law. If you would like to see your records, please apply in writing to the Assistant Practice Manager.**

**You will be treated as an individual and will be given courtesy and respect at all times, irrespective of your race, gender, disability, social class, religious beliefs, sexual orientation or appearance or the nature of your health problems. We ask that you also treat the doctors and Practice staff with courtesy and respect and show consideration to other patients by making responsible use of our service to you.**

**No care or treatment will be given without your informed consent.**

**In the interest of your health it is important for you to understand all the information given to you. Please ask us questions if you are unsure of anything.**

**Please remember that you are responsible for your own health and the health of your children.**

**You can help us by being on time for your appointment and letting us know in advance if you are unable to keep an appointment.**

### **Freedom of Information**

**Our Freedom Of Information policy is available from the Practice Manager.**

### **Car Parking**

**You can park outside the Surgery for up to 1 hour free of charge or the car park across the road from the Surgery, at a reasonable cost.**

### **The Primary Health Care Team**

**In addition to the doctors, the following are available for advice and consultation in the Surgery;**

### **Practice Nurses**

**The Practice nurses carry out new patient examination checks, blood pressure checks, travel vaccinations, cervical smears, blood tests, repeat contraceptive pill and HRT checks. Also health checks available for**

patients over the age of 75 years or who haven't attended in the last 3 years.

Please ask at Reception for an appointment to see the nurse.

### **District Nurse**

The district nurse appointments are available; please ask at Reception for details on how to book an appointment.

### **Health Visitor (Based at Grove Road)**

Baby Clinic is held every Wednesday at Grove Road between 9.00 a.m. and 4.00 p.m. drop-in. No appointment is necessary. They are available for advice on health matters for the under fives.

### **Community Midwives**

The midwives visit the Surgery once a week for booking of pregnant women and to provide antenatal care.

### **How the Practice Operates**

#### **To Register**

Please ask at Reception to request an application form and bring along proof of address and your current medical card. If you live within our Practice area your application will be processed within 48 hours. Please ensure that you give as much information on your

registration form and also on the patient questionnaire, as this information is then added to your computer record.

### **Special Services**

Please ask at Reception regarding the following services provided by the Surgery:

Antenatal care, postnatal examinations and Baby Immunisations.

Family planning including contraceptive injections/pill/coil fitting and removal.

Foreign travel advice and vaccinations.

Diabetic, CHD, Asthma, COPD and Hypertension Clinics.

Well woman health checks and cervical smear tests.

Minor Surgery

Smoking cessation

Physiotherapy

### **Change of Personal Details**

If you change your name, address or contact number especially mobile phones, please notify the Surgery as soon as possible including details of dependants.

### **Making It Work**

We hope you have found this leaflet useful. If you have any suggestions, or ideas of improvements we can make, please contact our Practice Manager, Mr David Collins.

## **INTERNET LINKS**

**For information relating to all health services in the Wrexham area including GP Surgeries and Dentists.**

## **BETSI CADWALADR UNIVERSITY HEALTH BOARD**

‘Preswylfa’ Hendy Road  
Mold  
CH7 1PZ

Telephone: 01352 700227 Fax: 01352 754649  
For advice on local health services.

Website:

[www.bcu.wales.nhs.uk](http://www.bcu.wales.nhs.uk)

## **NHS DIRECT WALES**

Telephone: 0845 46 47

[www.nhsdirect.wales.nhs.uk](http://www.nhsdirect.wales.nhs.uk)

24 hour confidential helpline providing advice and information on

- What to do if feeling ill
- Health concerns for you and your family
- Local Health Services
- Self help and support organisations

## **ORGAN DONOR**

NHS UK Transplant saves lives through organ donation and transplantation. It provides a 24-hour service for the matching and allocation of donated organs throughout the UK. It also maintains the Organ Donor Register.

For information about organ donation and transplantation  
Organ Donor Line 0845 60 60 400  
[www.uktransplant.org.uk](http://www.uktransplant.org.uk)

## **BLOOD SERVICE**

For information regarding The National Blood Service,  
including where to give blood

Telephone: 0845 7 711 711  
[www.blood.co.uk](http://www.blood.co.uk)

## **ASTHMA**

Asthma UK Adviceline - Telephone:08457 01 02 03  
Supporter and information Team: 020 7786 5000

Telephone: 020 7256 6075 Fax 020 7256 6075  
Asthma UK  
Summit House  
70 Wilson Street  
London  
EC2A 2DB

[www.asthma.org.uk](http://www.asthma.org.uk)

## **EPILEPSY**

For information about any aspect of epilepsy, to request literature or to share your experiences contact

Epilepsy Action  
New Anstey House  
Gate Way Drive  
Yeadon  
Leeds  
LS19 7XY

Freephone Epilepsy Helpline: 0808 800 5050

Freefax: 0808 800 5555

[www.epilepsy.org.uk](http://www.epilepsy.org.uk)

## **CARERS**

Wrexham Carers Service  
21 Egerton Street  
Wrexham LL11 1ND

Telephone: 01978 312556 Fax: 01978 263980

Email: [carers@avow.org](mailto:carers@avow.org)

Wrexham Carers Service provides support, advice and information to Carers looking after family or relatives.

<http://hermitage47.webspring.org.uk/health-social-care/carers>

## **AVOW**

Association of Voluntary Organisations in Wrexham

21 Egerton Street  
Wrexham  
LL11 1ND

Telephone: 01978 312556

[www.avow.org](http://www.avow.org)

AVOW is the County Voluntary Council for Wrexham County Borough committed to the development of a strong voluntary sector for the benefit of the people of Wrexham County Borough.

## **PATIENT UK**

Health and information at your fingertips.

A directory of UK health , disease, illness and related medical websites that provide patient information.

[www.patient.co.uk](http://www.patient.co.uk)